

# We are taking part in the Bournemouth marathon

**Help raise money for sick and disabled children**

This was written by Elisa's mum Maiju on why they want to support The DCF.



## We are taking part in the Bournemouth marathon

On the 5th of October 2019 I will be chasing after Melody, 3, while Dan will be pushing Elisa, 6, in her wheelchair. We have entered them to Bournemouth Marathon Festival's "Kids Kilometre" -event and we've never done anything like it before.

We are raising money for a charity that has helped our whole family so much and keeps doing so every single week.

## Why the Dorset Children's Foundation?

As charities go, I have yet to find another charity that is as approachable and friendly as the Dorset Children's Foundation. The charity supports local sick and disabled children by funding medical expenses, mobility equipment and therapies not covered by the NHS. They get to know the family as a whole and their approach is really hands on. Their mission is simple – "to provide what is needed for a better quality of life".



## They've helped us already in numerous ways.

Not only did they fund Elisa's p-pod that is comfortable seating for home..

## More than that, they've made us all active.

We didn't even realise how isolated we were before we took part in the DCF events. We didn't know any different, as Elisa has always been disabled and we've struggled with its knock-on effects from the day 1.



Your standard supportive chairs for disabled are like dinner table chairs – they are necessary, but they are not what you call cozy. P-pod is the equivalent of your sofa. Supportive enough to help a good positioning for the disabled, but more comfortable than your standard special needs seating.

Thanks to our friend Emily and DCF's co-founder Patsy, there are now weekly events for families like us to do different activities. As an example, we now go and play football weekly with the other DCF families.

Not only Elisa is included in the activity with the rest of the family, but the siblings too. I cannot press enough how important this is; that the whole family is involved and feels safe and supported to take part in a way they can.

## I'm sure you agree,

The Dorset Children's Foundation is one small but mighty charity that changes lives within our community. It definitely has improved ours greatly. You can learn more about the charity on their website here.

## How to Donate

We have set up a Virgin Moneygiving page, where you can securely donate money to our worthy cause. Please spare what you can to help the Dorset Children's Foundation to support families like us – to keep us active and our kids happy.

<https://uk.virginmoneygiving.com/Jensonskilometre>

A message from Patsy & Scott, co-founders of The DCF:

We are totally humbled that lots of the families we support have got together and are entering their children in the 1k at The Bournemouth Marathon Festival to raise money for us. Lots of our wonderful children will be taking part in the kids kilometre at the Bournemouth marathon festival.

This is a massive challenge for any little one but for our children who have mobility issues and very complex needs this is outstanding. I thought you may be interested in this lovely story written by one of our mums as to why they are doing this.

It's absolutely heartwarming.

Thank you so much for your help in raising money for sick and disabled children, we so appreciate your support.

Warmest wishes

Patsy & Scott ( co-founders)

